

Gym  
pricelist



# Membership deals



- |  |                 |
|--|-----------------|
| ▶ 8 classes  | 1 500 sek/month |
| ▶ 10 classes   | 2 000 sek/month |
| ▶ 16 classes (includes 1 PT hour/month bonus)        | 2 500 sek/month |
| ▶ Unlimited classes (includes 1 PT hour/month bonus) | 3 000 sek/month |

## Special packaged deals

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|--|-----------------|
| ▶ 4 classes + 4 PT hours/month                     | 3 900 sek/month |
| ▶ 8 classes + 4 PT hours/month                     | 4 900 sek/month |
| ▶ Unlimited classes + 4 PT hours /month            | 6000 sek/month  |
| ▶ 1 PT hour/month + free gym access limited times  | 2 000 sek/month |
| ▶ 4 PT hours/month + free gym access limited times | 3500 sek/month  |

*Pay 1 year at once and get 10 % off  
as a member you'll also get 20 % off on all extra credit purchase*

# Class training

- ▶ 1 Credit 320 sek
- ▶ 5 Credit 1 500 sek
- ▶ 10 Credit 2 800 sek
- ▶ 20 Credit 5 000 sek
- ▶ 30 Credit 7 500 sek
- ▶ 50 Credit 11 000 sek

## New customer - trial deal

- ▶ 2 Credit 500 sek

# PT training

- ▶ 1 Credit 1 200 sek
- ▶ 5 Credit 5 800 sek
- ▶ 10 Credit 11 000 sek
- ▶ 20 Credit 20 000 sek
- ▶ 30 Credit 28 000 sek
- ▶ 50 Credit 40 000 sek





## PT Duo (2 p)

- ▶ 5 Credit 4 000 sek
- ▶ 10 Credit 7 500 sek
- ▶ 30 Credit 20 000 sek
- ▶ 50 Credit 30 000 sek

## Mummy special (3-4 p)

*All babies are welcome*

- ▶ 10 Credit 5 000 sek

## PT Small group (3-4 p)

- ▶ 5 Credit 3 000 sek
- ▶ 10 Credit 5 500 sek
- ▶ 20 Credit 9 000 sek

## PT Small group (5-6 p)

- ▶ 5 Credit 2 500 sek
- ▶ 10 Credit 4500 sek
- ▶ 20 Credit 8 000 sek

# Bootcamps

6 weeks training

2 fixed classes per week | 1 free class from schedule per week

Food coaching | Body measuring and consulting at start and end

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- ▶ Members 3 900 sek
- ▶ Non members 4 900 sek

# Company training

Weekly training with your co-workers or do an every now and then training workout combined with a breakfast, lunch or AW



## 4-6 p

- ▶ 1 Credit      3 000 sek
- ▶ 10 Credit    25 000 sek
- ▶ 20 Credit    45 000 sek
- ▶ 30 Credit    65 000 sek
- ▶ 50 Credit    85 000 sek

## 7-12 p

- ▶ 1 Credit      4 000 sek
- ▶ 10 Credit    30 000 sek
- ▶ 20 Credit    50 000 sek
- ▶ 30 Credit    70 000 sek
- ▶ 50 Credit    100 000 sek

*Food and beverage offers upon request*

# Food & Energy boosts



## Healthy Breakfast

*gluten and lactose free*

- ▶ 1 unit            120 sek
- ▶ 10 units        1150 sek
- ▶ 30 units        3300 sek

## Rawfood bars

*gluten and lactose free*

- ▶ 1 unit            35 sek
- ▶ 10 units        320 sek
- ▶ 30 units        900 sek

## Smoothie

*Berries and oat yoghurt*

- ▶ 1 unit            55 sek
- ▶ 10 units        500 sek
- ▶ 30 units        1350 sek

## Protein shakes

- ▶ 1 unit            55 sek
- ▶ 10 units        500 sek
- ▶ 30 units        1350 sek